



[Index](#)

A Year Within The Tree of Life



Geburah - MIGHT Pathworking

The Pheonix

Turn your focus and attention to your breath. Allow your consciousness to move with the rise and fall of your chest and the filling and release of the lungs. Continue in this manner for several breaths; allowing each to become softer, smoother and slower. With each breath your physical body appears to lighten and your center of consciousness floats upwards towards the inner eye. You feel enveloped by the mist of transition between the Physical and Astral. And as this veil thins and dissipates you see your physical self standing in the center of a chamber that is lit and encircled by a perimeter of scarlet flame. This is the Temple of Release and Transformation and within the confines of this circle of flame you may release and burn away all that restricts, binds, hinders or blocks your way towards personal spiritual growth.

As you stand centrally in this room, focus your will and intent on what you wish to shed so that you may truly see the magickal SELF of Power which you are. Allow each of the hindrances and blockages you feel are keeping you from your highest good to take shape and form. As each reaches the apex of its shape and power you see and feel each falling away from you like discarded bits of ash, burnt off and no longer holding any negative

power over you. As the pile that is these unproductive energies grows, you see that they begin to rise upwards creating a veil of blue flame just a few feet in front of you. Continue to feed and fuel this veil with all that needs shedding and release. As the veil intensifies, thickens and reaches upward you are aware of the heat and energy that is projected from its core. Make note of how this energy serves to either repel or draw you towards it. This is the magnetic affect of the Power of Fire... the power of Will... the Power of Transmutation and Transformation. When you feel the veil has reached it's peak of potency, take a deep breath of strength and courage and step through the wall of flame.

You emerge on the other side and find yourself in a cool, luminescent white landscape of the astral plane of manifestation and creation. Allow your inner sight to adjust to this totally white terrain. Give pause to moving forward; just simply stand enveloped by this brilliant light in contrast to the blue veil you emerged from. The matter underfoot gives every so slightly as you move forward and what appears as solid you can now see to be living matter – a fluid sea of matter awaiting form and shape by use of your Will and Intent.

Standing in this white astral plane. Shift the focus of your inner eye to a space at your feet a few feet in front of you and form in your mind the intent and will to give form to your transformed self. This persona is bourne from release to flame, and release of those things that have caused you lack and despair. You see yourself rising from the discarded ash and emerging strong and renewed. Allow yourself to fully connect with and integrate the feelings of strength and enlivenment that exude from this vision. Take in all of the experience of standing in this place of power; of you rising like the phoenix, reborn and free from what has chained you.

Now, turn your awareness to the space around you. You see that the white has now changed to reflect color and landscape. This is the space that is the reality of your physical being. Ad, you are standing strong and centered in this space. Take a look around and more fully see what is presented to you. Allow your thoughts to open to the message of this new surrounding - what place you have in it and how it may help or reflect your transformed Power of Self and Will. This place is the gift and lesson of the strength and power you hold within. The message of the Phoenix reborn from what has consumed- ready to take flight- the mere brush of the tip of its wings affecting change and new growth. This is your place of change and transformation. The essence of the Power within. Drink in the wisdom of that knowledge and feel the heat of its transformation. Open and accepting, heed whatever else may arise. There are lessons here of coping and strategies of maintaining a space of clarity, free from the thoughts that bind and hold you. Listen to what is being said in the silence.

You have received all that is needed at this time. Take a last look around. Feel the warmth of your being energized and recharged. Close your inner eyes and feel yourself enveloped in the veil of transition between the Physical and Astral world.

The veils of transformation and all they contain gently fade from your sight and you begin the descent back into your physical state of being and the room and space in which you began this pathworking. Return to awareness of the rhythm of your breath and the rise and fall of your chest. Become aware of the physicality of where you are sitting or laying... your body pressed against cushion, chair or floor.

~ And when you are ready, gently flutter your eyes open ~

[Optional Reading](#)
